

I want to prioritize... *a successful move*

Whatever your goals, the JHEAP (Johns Hopkins Employee Assistance Program) can assist!

Whether you or a household member are relocating by choice or out of necessity, **JHEAP** can help take some of the stress and guesswork out your move with a variety of resources to support you every step of the way:

- Provider location and referrals for movers, realtors, childcare, daily convenience needs, and more
- Professional consultation to help manage any legal or financial aspect pertaining to your move
- Online Relocation Center, featuring tips and tools for choosing a reputable moving company, recognizing reverse mortgage scams, researching city-specific demographics, and more
- Referral to short-term counseling, as needed, to help manage any stress, anxiety, or challenge you're facing



**COUNSELING SERVICES REQUEST
FORM:** cca.eapintake.com

ACCESS LINE: 888-978-1262

WEB: www.myccaonline.com
Company Code: JHEAP

APP: CCA@YourService
Access Code: JHEAP

