You can take control of your health; make appointments to get your cancer screenings.

**Screening** means getting your body checked for cancer even if you don’t have symptoms. Screening increases the chances of finding certain cancers early, when they are most likely to be treated successfully.

**STAY HEALTHY**
- your family depends on you

**PEACE OF MIND**
- most screenings show you DON’T have cancer

**PREVENTION**
- screenings can detect a pre-cancerous condition

**GET TREATED**
- screenings can detect cancer early, when it is readily treatable

**AVAILABLE CANCER SCREENINGS**
- Mammogram and breast self-exam (breast cancer)
- Colonoscopy (colorectal cancer)
- PSA and digital rectal exam (prostate cancer)
- PAP test and HPV test (cervical cancer)
- LDCT scan (lung cancer)
- Full body skin exam by a dermatologist (skin cancer)

**YOU’RE COVERED**
- most screenings are covered by most health plans (at little or no cost to you)

Contact your Oncology Nurse Navigator at 844-446-6229 | ManageCancer@jh.edu