

Johns Hopkins Medicine

# With Naviance<sup>™</sup>, you're not alone.

Naviance is a free program created by Johns Hopkins Medicine that helps anyone impacted by cancer, offering prevention strategies, treatment guidance and emotional support.

Whether you are seeking risk reduction advice, a patient who has received a diagnosis, a family member caring for a loved one, or a manager seeking to support an affected colleague, Naviance helps you navigate every challenge along the way. "My mom had a cancer scare late last year, and I gave her the info for Naviance. She said the woman she spoke with was wonderful...I was really glad to have been able to give her that contact because she was a wreck while she was waiting for feedback from various doctors."



Let's navigate cancer, together.

Call 844-446-6229

Email naviance@jh.edu





### How does Naviance help?

Naviance helps individuals stay healthy and reduce their cancer risk. But if the time comes when you or a loved one are impacted by a diagnosis, Naviance provides a compassionate navigator to guide you at every step. It can make all the difference in how you experience your journey.

## Through Naviance, your employer offers you dedicated access to the right care and resources. Naviance helps you:

#### Recognize early warning signs and reduce cancer risk

- Personalized risk reduction and prevention strategies
- Early detection screening tool
- Understanding genetic risk factors

# Understand and manage treatment

- Unlimited one-on-one Nurse Navigator sessions
- Preparation and guidance for medical appointments
- Navigation to top-accredited cancer centers for second opinions and treatment
- Clinical trial guidance

#### Balance work, life, treatment and caregiving

- Emotional support for anyone diagnosed, as well as caregivers, family and friends
- Referrals to emotional, financial and legal support or existing benefits
- Holistic coaching focused on enhancing quality of life
- Manager training

No matter who in your life is touched by cancer, you don't have to walk through the journey alone. Let Naviance guide you to living your life fully every step of the way.

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