



Johns Hopkins Medicine

Naviance™ Oncology Nurse Navigators:

# Compassionate Guides through Cancer Prevention, Treatment and Beyond

Our Johns Hopkins Oncology Nurse Navigators are the heart of Naviance—clinically trained nurses that provide personalized support, whether you are an individual seeking prevention and risk reduction strategies, a patient navigating a diagnosis or a caregiver for a loved one with cancer.

# Building Relationships for Better Care

It starts with listening. Nurse Navigators are compassionate experts ready to share their expertise, and willing to take the time to understand what's important to you. Through the Naviance program, you have access to free one-on-one sessions—as many as you need.



"[My Oncology Nurse
Navigator] is extremely
knowledgeable, caring and
professional. She has always
made herself available to me
as well as family members
when needed and always offers
excellent advice in a calming
and reassuring manner."

**CAREGIVER AND ADVOCATE** 

Navigate cancer with Naviance by your side.

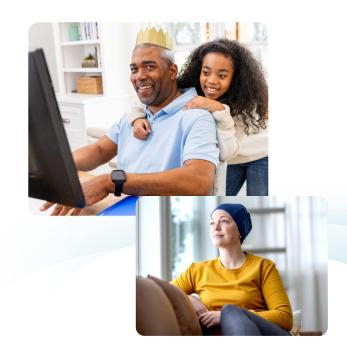
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### Making All the Difference

Whether reducing risk and seeking prevention strategies, facing the challenge of a diagnosis, walking with a loved one through care or transitioning to a thriving life after treatment, cancer can be overwhelming, disruptive and disorienting.

Naviance Nurse Navigators provide a holistic approach to cancer navigation, understanding your physical, emotional and social needs and helping you find the best care and resources for your unique situation—guiding you through every step, from beginning to end.



#### A Compassionate, Dedicated Guide

Take advantage of all the support a Nurse Navigator offers:

## Risk Reduction and Prevention

- Reduce cancer risk through lifestyle choices
- Gain insight into personal risks related to family history or genetics
- Understand screenings and results for early detection and better outcomes

#### **Education and Support**

- Prepare questions to ask doctors and care teams
- Know all the resources available to you—employer-provided, community and financial
- Navigate difficult conversations with managers, coworkers, family and friends about your or a loved one's cancer diagnosis

#### **Navigation to Care**

- Understand and interpret a cancer diagnosis
- Locate a second opinion team in-network and local or nationwide
- Decide if and how to keep working during treatment, including employee rights, benefits and labor laws
- Plan for the future, including advanced directives and end-of-life care
- Transition into a thriving post-treatment life

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